


OCTOBER 2018

MIDDLE SCHOOLS' LUNCH MENU

PORTERVILLE UNIFIED SCHOOL DISTRICT

CHOICE OF 1% UNFLAVORED OR NON FAT FLAVORED MILK SERVED DAILY

<p>1</p> <p>Chicken Drumstick w/Biscuit Ham & Cheese Sub Sandwich w/Mayo Corn dog w/Ketchup & Mustard Tater Barrels w/Ketchup Baby Carrots /Ranch Strawberry Fruit Cup</p>	<p>2</p> <p>Orange Chicken Rice Bowl / Sriracha Chicken Burger w/ Mayo & Ketchup Turkey & Cheese Sub Sandwich w/Mayo & Mustard / Ranch (2) Veggie Boat #2 Orange</p>	<p>3</p> <p>Cheeseburger* Ketchup & Mayo Tasty Pizza Pocket w/Marinara Bologna & Cheese Sandwich /Mayo Side Salad w/Cherry Tomatoes Dressing Fresh Pear</p>	<p>4</p> <p>Spicy Chicken Tenders w/Biscuit Green Chili Chicken Tamale w/Tapatío Ham & Cheese Sub /Mayo & Ketchup Veggie Boat #1 w/Ranch Packet (2) Spicy Oven Fries Grapes</p>	<p>5</p> <p>Pepperoni Pizza*# Rib-B-Q Sandwich* Peanut or Soybuter Sandwich w/ Cheese Stick / Chickpeas Veggie Boat #2 w/Ranch Dip Sorbet Fruit Cup</p>
<p>8</p> <p>Stuffed Pizza Pocket Chicken Drumstick w/Biscuit Ham & Cheese Sub Sandwich w/Mayo & Mustard Side Salad w/Chery Tomatoes Ranch (2) / Apple</p>	<p>9</p> <p>Cheeseburger* Tostitos w/Chili Meat & Cheese Turkey & Cheese Sub w/Mayo Veggie Boat #1 w/Ranch (2) Ketchup / Mayo / Mustard Banana</p>	<p>10</p> <p>Red Chili Burrito w/Tapatío Cheese Enchilada w/Tapatío Bologna & Cheese Sandwich w/Mayo Side Salad w/Cherry Tomatoes Ranch Packet Peach Fruit Cup</p> 	<p>11</p> <p>Spaghetti w/Meat Sauce* /Dinner Roll Ham & Cheese Sub w/Mayo & Mustard Bosco Sticks w/Marinara Cucumber Coins / Corn Pear</p>	<p>12</p> <p>Pepperoni Pizza*# Rib-B-Q* Sandwich* Peanut or Soybuter Sandwich w/ Cheese Stick / Refried Beans Veggie Boat #2 w/Ranch Dip Strawberry Fruit Cup</p>
<p>15</p> <p>Chicken Drumstick w/Biscuit Ham & Cheese Sub Sandwich w/Mayo Corn dog w/Ketchup & Mustard Tater Barrels w/Ketchup Baby Carrots /Ranch Strawberry Fruit Cup</p>	<p>16</p> <p>Orange Chicken Rice Bowl / Sriracha Chicken Burger w/ Mayo & Ketchup Turkey & Cheese Sub Sandwich w/Mayo & Mustard / Ranch (2) Veggie Boat #2 Orange</p> 	<p>17</p> <p>Cheeseburger* Ketchup & Mayo Tasty Pizza Pocket w/Marinara Bologna & Cheese Sandwich /Mayo Side Salad w/Cherry Tomatoes Dressing Fresh Pear</p>	<p>18</p> <p>Spicy Chicken Tenders w/Biscuit Green Chili Chicken Tamale w/Tapatío Ham & Cheese Sub /Mayo & Ketchup Veggie Boat #1 w/Ranch Packet (2) Spicy Oven Fries Grapes</p>	<p>19</p> <p>Pepperoni Pizza*# Rib-B-Q Sandwich* Peanut or Soybuter Sandwich w/ Cheese Stick / Chickpeas Veggie Boat #2 w/Ranch Dip Sorbet Fruit Cup</p>
<p>22</p> <p>Stuffed Pizza Pocket Chicken Drumstick w/Biscuit Ham & Cheese Sub Sandwich w/Mayo & Mustard Side Salad w/Chery Tomatoes Ranch (2) / Apple</p>	<p>23</p> <p>Cheeseburger* Tostitos w/Chili Meat & Cheese Turkey & Cheese Sub w/Mayo Veggie Boat #1 w/Ranch (2) Ketchup / Mayo / Mustard Banana</p>	<p>24</p> <p>Red Chili Burrito w/Tapatío Cheese Enchilada w/Tapatío Bologna & Cheese Sandwich w/Mayo Side Salad w/Cherry Tomatoes Ranch Packet Peach Fruit Cup</p> 	<p>25</p> <p>Spaghetti w/Meat Sauce* /Dinner Roll Ham & Cheese Sub w/Mayo & Mustard Bosco Sticks w/Marinara Cucumber Coins / Corn Pear</p>	<p>26</p> <p>Pepperoni Pizza*# Rib-B-Q* Sandwich* Peanut or Soybuter Sandwich w/ Cheese Stick / Refried Beans Veggie Boat #2 w/Ranch Dip Strawberry Fruit Cup</p>
<p>29</p> <p>Chicken Drumstick w/Biscuit Ham & Cheese Sub Sandwich w/Mayo Corn dog w/Ketchup & Mustard Tater Barrels w/Ketchup Baby Carrots /Ranch Strawberry Fruit Cup</p>	<p>30</p> <p>Orange Chicken Rice Bowl / Sriracha Chicken Burger w/ Mayo & Ketchup Turkey & Cheese Sub Sandwich w/Mayo & Mustard / Ranch (2) Veggie Boat #2 Orange</p> 	<p>31</p> <p>Cheeseburger* Ketchup & Mayo Tasty Pizza Pocket w/Marinara Bologna & Cheese Sandwich /Mayo Side Salad w/Cherry Tomato Dressing Fresh Pear</p> 		

MENU SUBJECT TO CHANGE

#DENOTES PORK ITEMS

*DENOTES BEEF ITEMS

ALL DIPS AND DRESSINGS ARE LOW FAT

This institution is an equal opportunity provider and employer.

All Breads & Pastas are Whole Grain