

# October 2018












## Middle School Breakfast Menu



## Porterville Unified School District

CHOICE OF 1% UNFLAVORED OR NON FAT FLAVORED MILK SERVED DAILY

<p>1</p> <p>Frudel Apple Slice Cranberry Raspberry Juice</p>	<p>2</p> <p>Breakfast Crescent Craisins / Apple Juice</p>	<p>3</p> <p>Pop Tart / Yogurt Banana / Berry Juice</p> 	<p>4</p> <p>Breakfast Bagel Fresh Pear / Grape Juice</p>	<p>5</p> <p>Mini Pancakes Orange Slices/ Fruit Punch</p> 
<p>8</p> <p>Potato &amp; Bacon Burrito# w/Tapatío Hot Sauce Strawberry Fruit Cup Apple Juice</p>	<p>9</p> <p>Sausage Breakfast Sandwich# Fresh Apple Cranberry Raspberry Juice</p> 	<p>10</p> <p>Banana Muffin Grapes / Berry Juice</p>	<p>11</p> <p>Mini Cinnis Flavored Raisels Grape Juice</p> 	<p>12</p> <p>Pancake on a Stick Orange / Fruit Punch</p>
<p>15</p> <p>Turkey Ham &amp; Cheese on Hawaiian Bun Craisins / Grape Juice</p>	<p>16</p> <p>Chocolate Muffin Peach Cup / Apple Juice</p>	<p>17</p> <p>Mini Pancakes Orange Slices / Berry Juice</p> 	<p>18</p> <p>Frudel Fresh Pear / Apple Juice</p>	<p>19</p> <p>Trix Cereal Bar Cheese Stick Fresh Grapes / Fruit Punch</p> 
<p>22</p> <p>Breakfast Bagel Fresh Apple Cranberry Raspberry Juice</p>	<p>23</p> <p>Breakfast Crescent Banana / Grape Juice</p>	<p>24</p> <p>Sausage Biscuit Sandwich# Grapes / Berry Juice</p>	<p>25</p> <p>Cheerios Cereal Bar Peach Fruit Cup Apple Juice / Cheese Stick</p>	<p>26</p> <p>Mini Waffle Diced Peaches Fruit Punch</p> 
<p>29</p> <p>Chocolate Muffin Grapes Cranberry Raspberry Juice</p>	<p>30</p> <p>Mini Cinnis Apple Slices / Berry Juice</p>	<p>31</p> <p>Mini Pancakes Fresh Pear / Grape Juice</p>		

*All Dips and Dressings are Low Fat.*

**FOR BREAKFAST:**  
Cold Cereal, Graham Crackers, and Yogurt offered as an alternative choice. We only serve whole grain/low sugar cereal. Choice of 1% white or non-fat chocolate milk.

*Condiments will be served w/appropriate menu items.*

*All Breads & Pastas are Whole Grain.*

**MENU SUBJECT TO CHANGE!**

**\*CONTAINS BEEF MEAT**

**#CONTAINS PORK MEAT!**

**The USDA and PUSD are equal opportunity providers and employers.**